

# PsyCare

**Clinical & Corporate Psychology**

"Helping Individuals & Organisations Maximise Their Potential"



Calm



Balanced



Confident



Successful

## About PsyCare

PsyCare is a multidisciplinary team of consultant psychologists specialising in organisational and clinical psychology.

## Our Services

### Organisational Health & Risk

- Psychosocial (Stress) Risk Assessment
- Organisational Health - Assessment & Review
- Team Intervention & Support
- Psychological Injury & Rehabilitation
- Organisational Crisis Response & Management
- Occupational Violence & Aggression Programs
- Human Factors & Safety Analyses

### Leadership & Strategy

- Executive & Life Coaching
- 360 Assessment & Development Plans
- Complex People Issues - Advice & Strategy
- Business & Strategic Planning
- Leadership Team Development
- Executive Succession
- Work / Life Balance

### Human Resource Consultancy

- Organisational Development
- Workshops & Training
- Workplace Investigations
- Early Intervention - Individual & Team
- Mediation - Alternate Dispute Resolution
- Performance & Disciplinary Processes
- Employment Selection & Job Design
- Change Management - Strategy & Implementation

## Office Locations

### Brisbane Head Office

Suite 1, Level 1,  
201 Wickham Tce  
SPRING HILL QLD 4000  
P: 07 - 3839 4400 F: 07 - 3839 4455

### Mt Gravatt Office

2/20 Creek Road  
MT GRAVATT QLD 4122  
P: 07 - 3137 2011 F: 07 - 3137 2014

### Nundah, Scarborough, Strathpine, Morayfield & Coorparoo Offices

P: 07 - 3839 4400 F: 07 - 3839 4455

### Sunnybank Office

P: 07 - 3137 2011 F: 07 - 3137 2014

### Gold Coast & Tweed Office

4/2431 Gold Coast Highway  
MERMAID BEACH QLD 4218  
& 13 Beryl Street  
TWEED HEADS NSW 2485  
P: 07 - 5680 9900 F: 07 - 5680 9903

## NEWS

### Consortia Launch

**PsyCare Corporate** is proud to announce the launch of the **Consortia** brand. On their recent trip to the top of Africa, **Ben De Young** and **Dr Peter Stebbins** (pictured) launched the new brand for the Leadership and Strategy Portfolio of the **PsyCare** group. **Consortia** will continue to deliver **PsyCare Corporate's** existing Leadership and Strategy services including Leadership Development, Organisational Strategy and Performance, Executive Coaching, Leadership Team Development, Talent Management and Succession Services, Board Reviews and Business Planning, Organisational Development and Facilitation services. **Consortia** will continue to offer executive development tours like the recent Mt Kilimanjaro trip lead by Ben and Peter.

### Kilimanjaro Trip



Ben, Peter & Adam reaching the summit of Kilimanjaro during Consortia's inaugural executive leadership tour

During late May and early June PsyCare's directors **Ben De Young** & **Dr Peter Stebbins** lead the first Leadership and Executive Development Tour which included climbing Mt Meru (4562 meters) and Mt Kilimanjaro (5895 meters) in Africa. The trip involved executive development and coaching in addition to the challenge of conquering Africa's highest peak. **Consortia** is planning on running its next executive development tour in late February/March 2011 to Mt Kinabalu in Malaysia. Please contact Ben or Peter for more details.

### Occupational Violence

**PsyCare Corporate** has completed several occupational violence projects across local government and the Not-for-Profit-Sector. These projects have involved the application of organisational health frameworks, workplace health and safety and public health models to helping identify hazards, conduct risk assessment and prescribe controls which canvas system risks, legal obligations, operational needs, communication, defusing and de-escalation, threat assessment and supportive leadership and teams interventions. Future developments in this space include: video based feedback activities, survey evaluation protocols and hazard-management planning. **PsyCare Corporate** aims to publish on the state of occupational violence in Australia and a method of assessing this, as well as strategies that address workplace health and safety, and workers compensation obligations. Please contact **David Whittingham** if you require further information regarding this service.

### HR Consulting Update

**PsyCare Corporate** has recently been growing its' business in the Human Resource Consulting space. The expansion of this portfolio resulted from many of our corporate clients requesting HR related services, such as performance management and employment selection. Over the last six months **PsyCare Corporate** has recruited a number of psychologists with training specific to organisational psychology to meet our growing corporate demands and enhance expertise in this area. The **HR Consulting** team provides expertise in Change Management – Strategy & Implementation, Employment Selection, Early Intervention – Individual & Team, Performance & Disciplinary Processes, Workplace Investigations and Workshops & Training. Recently the **HR Consulting** division completed a large recruitment project with a government department as expert panel members and advisors to the Senior Director leading the process. We are also conducting a body of work around up-skilling leaders to conduct performance management processes and facilitating numerous strategic planning workshops for teams.

### Leadership & Strategy Portfolio

**CONSORTIA**  
LEADERSHIP, STRATEGY & PERFORMANCE



Adam, Peter & Ben launching Consortia at the top of Mt Meru in Africa during its inaugural executive leadership

### Leadership Adventure

### Organisational Health & Risk Portfolio Update

### Expansion of HR Consulting Portfolio

Winter 2010

Enquiries to Amanda on  
07 3839 4400 or email  
manager@psycare.com.au

## Consultant News



Jasmine & Monique

PsyCare would like to congratulate **Dr Simone Shaw** for her promotion to Joint Managing Partner - Business and Operations as well as **Adrian Ashton** and **Caroline Gregory** who have recently been promoted to Senior Associate. PsyCare would also like to welcome our newest consultants **Jasmine Rijnbout & Monique Killmore** (pictured). Jasmine will be working in the portfolios of Organisational Health & Risk and Human Resource Consulting. Jasmine's areas of experience include: personnel selection, training design and delivery, job design and redesign, group facilitation, conflict resolution, and change management. Monique will be primarily working in the Organisational Health & Risk Portfolio and has experience in change management, recruitment and selection, psychological assessment and group facilitation, training and team building.

## Publications

### Books

- Turning Stress Into Success!
- Living Beyond Pain
- Wholly Coping
- Brief Treatments for Common Psychological Problems
- Work-Related Stress Injury

### Audio CDs

- Stress Free Living
- Relaxation
- Beyond Coping
- Wholly Coping
- Pain Management
- Effective Communication Skills
- Personal Safety at Work
- Work Related Stress: HR, OH&S and Legal Strategy

All of the PsyHealth Media publications are online at:

[www.psyhealth.com.au](http://www.psyhealth.com.au)

## Contact Us

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[www.psyhealth.com.au](http://www.psyhealth.com.au)

## Consultant Contact - Your Direct Access

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