

PsyCare

Clinical & Corporate Psychology

"Helping Individuals & Organisations Maximise Their Potential"



Calm



Balanced



Confident



Successful

About PsyCare

PsyCare is a multidisciplinary team of consultant psychologists specialising in organisational and clinical psychology.

Our Services

GP & Counselling Services

- Depression, Anxiety, OCD, Phobias, Bipolar Disorder, ASD & Eating Disorders
- Trauma & Abuse
- Grief & Loss Counselling
- Behaviour Management & Resiliency
- Parenting Skills
- Anger & Conflict
- Relationship Issues
- Addictions & Alcohol

Specialist Services

- Neuropsychological Assessments following accidents/injuries, Intellectual Functioning; Learning Disorders & Capacity
- Disability Services & Support: Behaviour Support, Early Intervention, Family Support
- Work Capacity & Treatment: Job Readiness/Capacity Evaluations, Diagnosis & Treatment
- Medico-legal Assessments: Personal Injury, Pre-Sentencing, Witness Competency.
- Child Safety, Family & Social Assessments
- Drug & Alcohol Assessments: Work Fitness & Intervention Services

Workers' Compensation & Rehabilitation

- Return to Work: Initial Needs Assessments, Suitable Duties Plans
- Case Management
- Vocational Assessments & Market Research
- Stress Claims: Clinical & Factual Assessments/Investigations

Office Locations

Brisbane Head Office

Suite 1, Level 1,
201 Wickham Tce
SPRING HILL QLD 4000
P: 07 - 3839 4400 F: 07 - 3839 4455

Mt Gravatt Office

2/20 Creek Road
MT GRAVATT QLD 4122
P: 07 - 3137 2011 F: 07 - 3137 2014

Nundah, Scarborough, Strathpine, Morayfield & Coorparoo Offices

P: 07 - 3839 4400 F: 07 - 3839 4455

Sunnybank Office

P: 07 - 3137 2011 F: 07 - 3137 2014

Gold Coast & Tweed Office

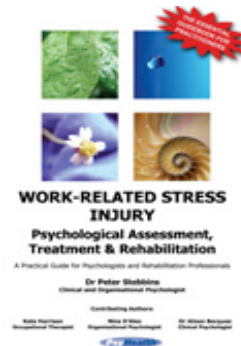
4/2431 Gold Coast Highway
MERMAID BEACH QLD 4218
& 13 Beryl Street
TWEED HEADS NSW 2485
P: 07 - 5680 9900 F: 07 - 5680 9903

NEWS

Rehabilitation

From July 1, Comcare is introducing a set of new Operational and Service Standards for Workplace Rehabilitation Providers, which will significantly improve the timeliness and service delivery of return-to-work and rehabilitation services. We look forward to continuing to provide RTW and rehabilitation services under the new scheme and hope that these improvements will foster better return to work outcomes for your employees. For more details on the new standards, go to: www.comcare.gov.au.

On 19 May 2010, **Dr Lee Hearn** and **Dr Simone Shaw** presented at the Association of Self Insured Employers of Queensland forum on the Cognitive Assessment and Rehabilitation for Safety Critical Workers. Given the large costs associated with the recruitment and training of safety critical workers, employers should endeavour to do all they can to retrain such employees. As such, innovations in the cognitive assessment and rehabilitation of such workers has led to significant savings to employers as they are able to retrain, retain and rehabilitate these workers back to their substantive positions. For more information about these assessments go to: www.asieq.com.au.

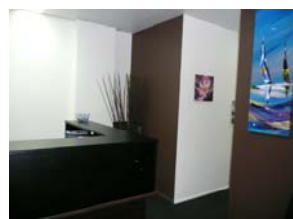


Legal Workshops

In May 2010 two of our consultants, **Dr Alison Bocquee** and **Dr Simone Shaw** attended two interesting days of training conducted by Dr Phil Watts, who is a clinical and forensic psychologist with many years of experience. The topics of the training were Surviving the Witness Box, Detecting and Managing Lies and Malin-gering and Deceit in Clinical Practice. The consultants learnt invaluable information to assist them to stay calm when in court giving evidence, and techniques and strategies to use in assessment and clinical practice with clients who may not be completely honest and forthcoming. These topics have application to a range of our services at PsyCare, including counselling/treatment sessions, and assessments of individuals or families for legal matters and workplace assessments.

Giving Evidence in Court; Detecting Lies, Malingering & Deceit Workshops

New Gold Coast Office



PsyCare has opened a new Gold Coast office located at Unit 4, 2431 Gold Coast Highway Mermaid Beach which has been open since May. PsyCare would like to welcome aboard Karen, in her role as clinic receptionist at the Gold Coast Office, who can be contacted on the new phone number (07) 5680 9900 for appointments.

New Contact Details

New Southside Office

Commencing in July, PsyCare will have an additional office location at Mediwell, 314 Old Cleveland Road Coorparoo. **Dr Leith Middleton & Monique Killmore** are available for consultations. Leith specialises in anxiety, depression, chronic health management, weight management, work and family stressors. Monique has experience in treating anxiety, stress and depression in families, adolescents, and children. Please contact Amanda at Head Office (07)3839 4400 to arrange an appointment.

New Coorparoo Location

Winter 2010

Enquiries to Amanda on
07 3839 4400 or email
manager@psycare.com.au

Consultant News



Jasmine & Monique

PsyCare would like to congratulate **Dr Caroline Gregory & Dr Kristy Pinter-Thom** on their recent completion of their degrees in Doctorate of Clinical Psychology and PhD in Clinical Psychology respectively. PsyCare would also like to congratulate **Dr Simone Shaw** for her promotion to Joint Managing Partner - Business and Operations; as well as **Adrian Ashton** and **Caroline Gregory** who have recently been promoted to Senior Associate. PsyCare would also like to welcome our newest consultants **Jasmine Rijnbout, Monique Killmore** (pictured) & **Dr Simone Baker**. Jasmine will be based at the Spring Hill Office working in the Worker's Compensation and Rehabilitation Portfolio. Monique will be based at the Mt Gravatt, Sunnybank and Coorparoo Offices. Simone will be working at the Spring Hill and Northside Offices providing specialist neuropsychological and clinical services. Lastly, PsyCare would also like to congratulate **Robyn Farley** who recently gave birth to her daughter, Alana Lily. Robyn will be on maternity leave until October, we wish her all the best during this time.

Publications

Books

- Turning Stress Into Success!
- Living Beyond Pain
- Wholly Coping
- Brief Treatments for Common Psychological Problems
- Work-Related Stress Injury

Audio CDs

- Stress Free Living
- Relaxation
- Beyond Coping
- Wholly Coping
- Pain Management
- Effective Communication Skills
- Personal Safety at Work
- Work Related Stress: HR, OH&S and Legal Strategy

All of the PsyHealth Media publications are online at:

www.psyhealth.com.au

Contact Us

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4/2431 Gold Coast Highway
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TWEED HEADS NSW 2485
P: 07 - 5680 9900 F: 07 - 5680 9903
E: goldcoast@psycare.com.au

www.psyhealth.com.au

Consultant Contact - Your Direct Access

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