

PsyCare

Clinical & Corporate Psychology

"Helping Individuals & Organisations Maximise Their Potential"



Calm



Balanced



Confident



Successful

About PsyCare

PsyCare is a multidisciplinary team of consultant psychologists specialising in organisational and clinical psychological issues including leadership, change, work/life balance, depression, anxiety, relationships and work related stress problems.

Our Services

GP & Counselling Services

- Depression, Anxiety, OCD, Phobias, Bipolar Disorder, ASD, & Eating Disorders
- Trauma & Abuse
- Grief & Loss Counselling
- Behaviour Management & Resiliency
- Parenting Skills
- Anger & Conflict
- Relationship Issues
- Addictions & Alcohol

Specialist Assessment, Treatments

- Neuropsychological Assessments following accidents or injuries; Intellectual Functioning; Learning Disorders & Capacity Assessments
- Disability Services & Support; Behaviour Support, Early Intervention, Family Support
- Work Capacity & Treatment; Job Readiness/Capacity Evaluations, Diagnosis & Treatment
- Medico-legal Assessments; Personal Injury, Pre Sentencing, Worker's Compensation, Witness Competency Assessments
- Child Safety, Family & Social Assessments
- Drug & Alcohol Assessments - Work Fitness Specialist Assessment & Intervention Services

Assessment, Treatment & Return to Work Services

- Return to Work – Initial Needs Assessments, Suitable Duties Plans
- Case Management
- Vocational Assessments & Market Research
- Stress Claims – Clinical & Factual Assessments/Investigations

Office Locations

Brisbane Head Office

Suite 1, Level 1,
201 Wickham Tce
SPRING HILL QLD 4000
P: 07 - 3839 4400 F: 07 - 3839 4455

Mt Gravatt Office

2/20 Creek Road
MT GRAVATT QLD 4122
P: 07 - 3137 2014 F: 07 3839 4400

Nundah & Strathpine Office

P: 07 - 3839 4400 F: 07 - 3839 4455

Scarborough & Morayfield Offices

P: 07 - 3839 4400 F: 07 - 3839 4455

Sunnybank Office

P: 07 - 3137 2011 F: 3137 2014

Gold Coast & Tweed Office

4/2437 Gold Coast Highway
MERMAID BEACH QLD 4218
& 13 Beryl Street
TWEED HEADS NSW 2485
P: 07 - 5532 7325 F: 07 - 5532 7890

NEWS

Neuropsychology

PsyCare offers a range of services in the discipline of neuropsychological assessment and rehabilitation. Such assessments are specially tailored to evaluate, diagnose and treat neurological problems individuals may be experiencing. Areas of assessment include: intellectual functioning, memory and learning abilities, verbal abilities, processing speed, attention and concentration, problem solving abilities and reading and writing. Neuropsychological services may be useful for those who have suffered an injury/accident and require rehabilitation before returning to work, assessing an individual's cognitive capacity and/or intellectual functioning and improving cognitive deficits through specialised training. Additionally, an assessment can be of benefit for children or adolescents who have difficulties in school including academic, behavioural and/or emotional problems. We have two experienced Neuropsychologists: **Dr. Lee Hearn & Dr. Simone Shaw**. Appointments can be made through Carla at the Mt Gravatt Office on (07) 3137 2014.



Simone & Lee

Neuropsychology Services

New Office Locations

We are pleased to announce the upcoming relocation of the Gold Coast Office to Mermaid Beach. The new office located at Unit 4, 2437 Gold Coast Highway will be opening on the 3rd May 2010. Please continue to contact us on (07) 5532 7325 for appointments. We also have an office now open at Sunnybank (in the Oasis Medical Centre). **Dr. Alison Bocquee & Steven Bennetts** are available for consultations. Please contact Carla at Mt Gravatt (07) 3137 2014 to arrange an appointment.

Gold Coast Relocation & New Sunnybank Office

Child & Family Services

As we have continued to expand the PsyCare team, we have been able to broaden our areas of expertise to include specialist psychological services specific to several areas of children, adolescents and their families. We are excited to promote the following services:

- Treatment for a range of psychological issues including depression, anxiety, trauma, OCD, Aspergers Syndrome, Eating Disorders, Attention Deficit/Hyperactivity Disorder, and Oppositional Defiant Disorder;
- Clinical and Neuropsychological Assessments;
- Child/Adolescent Witness Competency Assessments;
- Family and Social Assessments for Family Law Court and Children's Court Matters;
- Personal Injury Compensation and Psychological Evaluations;
- Providing Evidence in Court.

We currently have Psychologists, **Dr Alison Bocquee** and **Dr Lee Hearn**, working at our Mount Gravatt office, **Alex De Young** and **David Whittingham** available at our Spring Hill office and **Nicole Prendergast**, **Kristy Pinter-Thom** and **Robyn Farley** located at the Gold Coast office who are available to provide the above mentioned specialist services. We are also available to discuss with you how we can best meet your clients needs.

PsyHealth Media - Update

PsyHealth Media has a range of resources, books and CDs to purchase, including resources for practitioners, HR professionals, Managers, work teams, and individuals. Turning Stress Into Success has recently made it to 'best seller' status and we are in the process of revising our handbook titled 'Brief Treatments for Common Psychological Problems' - Keep posted for details! Visit our website at www.psyhealth.com.au for further information.

Best Seller Success!



Autumn/Winter 2010

Enquiries to Amanda on
07 3839 4400 or email
manager@psycare.com.au

Consultant News



Psycare would like to congratulate both **Dr. Leith Middleton** & **Dr. Alison Bocquee** on their recent promotion to Partners. Also congratulations to **Steven Bennetts** who has been accepted on the Partner Development Program & **Joanne King** who has recently been promoted to Senior Associate. Psycare would also like to welcome two new consultants: **Robyn Farley** (Clinical & Community) & **Kathleen Davey** (Community & Corporate) who have recently joined our team.

Robyn is a clinical psychologist who has widespread experience especially with young people who have experienced abuse and trauma. Her specialties are in the treatment of anxiety, depression, stress, grief and trauma issues. Robyn also has an interest in rehabilitation services and workplace interventions. Kathleen shares an interest in both clinical and organisational psychology. Her organisational experience spans both interstate and internationally, particularly in the area of heavy industries. Kathleen's clinical expertise encompasses a broad range of mental health areas including anxiety, depression, disability and stress management as well as promoting wellbeing in isolated areas.

Publications

Books

- *Turning Stress Into Success!*
- *Living Beyond Pain*
- *Wholly Coping*
- *Brief Treatments for Common Psychological Problems*
- *You Can Cope!*

Audio CDs

- *Stress Free Living*
- *Relaxation*
- *Beyond Coping*
- *Pain Management*
- *Effective Communication Skills*
- *Personal Safety @ Work*
- *Work Related Stress: HR, OH&S and Legal Strategy*

All of the PsyHealth Media publications are online at:

www.psyhealth.com.au

Contact Us

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Newsflash: Gold Coast is moving their office to Mermaid Beach — Launch Soon!